



## Doncaster Rovers SC School Holiday Program conducted by SOLTILO

**【SOLTILO overview】** SOLTILO FAMILIA SOCCER SCHOOL is a soccer school established by Japanese international professional soccer player Keisuke Honda. The children at SOLTILO have benefited by the training programs that are developed by a SOLTILO global technical team that includes Keisuke Honda himself, which are regularly revised and updated with the latest training approaches and methods. Have a dream. SOLTILO is serious about your serious dream.



©Honda Estilo.Co.,Ltd

**【Days & Time】** DAY 1: Tuesday 3 July, 9am – 3pm  
DAY 2: Thursday 5 July, 9am – 3pm

**【Venue】** Doncaster Rovers Soccer Club,  
117 Andersons Creek Road, Doncaster East

**【Age】** This program is designed for players 9-12 years old

<b>【Fees】</b>	<b>1 day only</b>	<b>2 full days</b>
	<b>\$120 per player</b>	<b>\$220 per player</b>

**【Included in 1 day session】**

3 training sessions (see below time table), training review session using video, lunch box with drink, fruits for breaks, DRSC original drink bottle, SOLTILO original wristband



**【Program timetable】**

This program provides skill acquisition training sessions for 4 skill areas over 2 days – dribbling, 1 on 1, off-the-ball movements and shooting. The key training session from each skill area will be video-recorded and these videos will be used in the indoor review session on the same day. Recommended to attend both 2 days as those 4 skill areas are covered over 2 days (2 skill areas each day).

	Day 1: Tuesday 3 July 2018 Theme: Dribbling & 1 on 1	Day 2: Thursday 5 July 2018 Theme: Off-the-ball movements & Shooting
9:00	Registration	Registration
9:15-10:15	Training session ① (dribbling)	Training session ① (off-the-ball movements)
10:15-10:30	Break (fruits provided)	Break (fruits provided)
10:30-11:30	Training session ② (1 on 1)	Training session ② (Shooting)
11:45-12:45	Lunch break (lunch box & drink provided)	Lunch break (lunch box & drink provided)
12:45-13:15	Indoor review session with video from ① & ②	Indoor review session with video from ① & ②
13:30-14:30	Training session ③ (2 themes combined, reflecting the video review)	Training session ③ (2 themes combined, reflecting the video review)
14:30-15:00	Game session	Game session
15:00	End of program	End of program

\*The program will run with minimum of 12 players. The program accepts maximum of 36 players.

visit [www.DoncasterRovers.org](http://www.DoncasterRovers.org) to register!